

## Report



**“Improving Maternal and Child Nutrition Outcome in two selected Districts through integrated qualitative supportive supervision strategy by engaging Community Medicine department from Medical Colleges– A Pilot initiative”**

### Workshop on ‘Using Supportive Supervision tools’



**Hotel Ramada, Lucknow**

**16<sup>th</sup> May 2019**

**A collaborative effort of Alive and Thrive, IAPSM and Deptt of  
Community Medicine, GMC Kanauj**



## Programme Schedule

S.N.	Session	Lead Facilitator	Time
1	Registration		8.30 to 9.00 am
2	Overview of the Project	Dr Rambha Pathak	9.00am to 9.30am
3	Discussion on tool nos. SSQ4, SSQ5, SSQ10, SSQ11	Dr Rambha Pathak	9.30-11 am
	Tea break		11-11.30 am
4	Discussion on tool nos. SSQ1, SSQ2, SSQ6 & SSQ7,	Dr Anita Gupta	11.30am-1.00 pm
	Lunch		1-2 pm
5	Discussion on tool nos. SSQ3, SSQ8 &SSQ9	Dr Shailesh	2-3 pm
	Tea		3-3.15
6	Discussion on project implementation plan in District Mujaffarnagar	Dr Neeraj Agrawal	3.15-3.45pm
7	Discussion on project implementation plan in District Kannauj	Dr Dinesh Singh Martolia	3.45-4.15pm
8	Deciding on tentative date of first SS in May by respective medical colleges	Dr Anita Gupta	4.15-4.30 pm

SSQ- Supportive Supervision Questionnaire



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### Supportive Supervision Tools Discussed In The Workshop

SSQ Tool no.	Name of the tool
SSQ1	VHND observation tool
SSQ2	Community based events observation tool
SSQ3	Interview schedule for ASHA Facilitators
SSQ4	Exit interview at health facility
SSQ5	Health facility visit
SSQ6	Interview schedule for ANM at a VHND
SSQ7	Interview schedule for mothers of 6m-2y child regarding home visits by health workers
SSQ8	Interview schedule for mothers of 0-6m child regarding home visits by health workers
SSQ9	Interview schedule with ASHA regarding Home visit
SSQ10	Interview schedule with ICDS supervisor
SSQ11	Interview schedule with Anganwadi worker



### Discussion on Overview of the Project

The workshop commenced with registration of participants at 8:30 am on 16<sup>th</sup> May 2019 at Hotel Ramada, Lucknow.



The proceedings started with a brief overview of the project by Dr. Rambha Pathak, Professor and Head, Deptt of Community Medicine, Hamdard Medical College, Delhi. She emphasized the importance of maternal and child nutrition in the first 1000 days. She

reiterated the objectives of Poshan Abhiyan and the strategy of qualitative supportive supervision to achieve these objectives. She also discussed in detail the timelines of conducting the supportive supervision visits by the respective district teams.

### Discussion on SSQ 4, 5, 10, 11

Dr. Rambha Pathak conducted the discussion on Supportive Supervision Questionnaire (SSQ) 4, 5, 10, 11. She discussed in detail the SSQ4 regarding “Exit interview at health facility”.

Team Kannauj and Team AIIMS deliberated regarding the information that should be elicited from the



beneficiaries like pregnant women, mothers of 0 to 6 months children, and mothers of 6 months to 2 years children, availing services at the health facility. She also discussed SSQ5, “Health facility visit” and the teams and experts commented on the service delivery to be observed at the health facility. SSQ10 and 11 were also discussed which comprised the interview schedule with ICDS supervisor and Anganwadi worker, respectively. The teams



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and experts detailed the services provided by the ICDS department and thereafter modified the schedules accordingly.

### Discussion on SSQ 1,2,6,7

Dr.Anita Gupta, CMO, UCMS, Delhi conducted the discussion SSQ1, the tool for VHND observation. The participants discussed every aspect of the Village Health and Nutrition Day(VHND), the services provided, the beneficiaries and thereafter revised the tool. She also discussed the Community based events



observation tool, SSQ2. The participants deliberated on the list of events to be organized by the ICDS department in the community and then discussed each event in detail – the services provided and the beneficiaries and the maternal and child nutrition component to be observed during the event. She also conducted the discussion on SSQ6 and SSQ7, Interview schedule for ANM and for mothers of 6m-2y child regarding home visits by health workers which were modified in light of the detailed discussion regarding VHND.

### Discussion on SSQ 3,8,9

Dr.Shailesh Jagtap, Programme Manager, Alive and Thrive, conducted the discussion on



SSQ3, SSQ8 and SSQ9, interview schedules for ASHA Facilitators, ASHA regarding home visits and mothers of 0-6months children regarding home visits by health workers, respectively. There was a detailed discussion on the duties of ASHA supervisor and ASHA during VHND and home visits.

Three new supportive supervision questionnaires were developed – Tool for Block Medical Officer, Interview Schedule for



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Health Supervisor and Interview Schedule for pregnant woman regarding home visit, thereafter the questionnaires were renamed from SSQ1 to SSQ14.

## Discussion on project implementation plan in District Mujaffarnagar



Dr. Neeraj Agarwal, Professor and Head, Deptt of Community Medicine, AIIMS Patna briefly described the planning of Team Patna on how to conduct the supportive supervision visits in district Mujaffarnagar in Bihar. He discussed the various aspects of the programme and deliberated upon convergence meetings

with ICDS and Health departments of the districts.

## Discussion on project implementation plan in District Kannauj

Dr. Tanu Midha, Associate Professor, Deptt of Community Medicine, GMC Kannauj discussed the planning of Team Kannauj on how to conduct the supportive supervision visits in district Kannauj in Uttar Pradesh. She discussed the process of selection of the two good performing blocks and two poor performing blocks from amongst all the blocks in the district. It was decided that the indicators from block-wise HMIS data reported to the district will be used to assess the performance of the blocks. A score will be calculated using the average of the total sum of percentage of pregnant women with Hemoglobin less than 7 gm/dl and percentage of live births with birth weight less than 2500g. The blocks with the highest scores will be selected as the poor performing blocks and those with the lowest scores as the good performing blocks.



## Feedback from 1 day supportive supervision workshop

1. It was decided that a letter will be sent by the IAPSM national body to the Ministry of Health, Ministry of Women and Child Development, Director, ICDS, Executive Director, State Health Society, PS, Health and Family Welfare, PS, Women and Child Development and Director, AIIMS, Patna.
2. An assessment tool will be developed for repeat visits to the blocks from September to December 2019.
3. It was decided that an online tool for data collection will be developed.
4. It was requested to the IAPSM experts to provide the guidelines for ASHA facilitator.
5. In continuation to the discussion the following supportive supervision questionnaires were finalized:

### **Modified Day-wise List of Tools for Supportive Supervision Visits**

#### Day 1

SSQ1 VHND observation tool

SSQ2 Interview schedule for ANM regarding VHND

SSQ3 Interview schedule with ASHA reg. home visit

SSQ4 Interview schedule with ASHA facilitator

SSQ5 Interview schedule with pregnant women reg. home visit

SSQ6 Interview schedule with mother of 0-6 month reg. home visit

SSQ7 Interview schedule with mother of 6m – 2y reg. home visit

#### Day 2

SSQ8 Observation of Community Based Events at AWC

SSQ9 Interview schedule with AWW

SSQ10 Interview schedule for ICDS supervisor

SSQ5 Interview schedule with pregnant women reg. home visit

SSQ6 Interview schedule with mother of 0-6 month reg. home visit

SSQ7 Interview schedule with mother of 6m – 2y reg. home visit

#### Day 3

SSQ11 Interview schedule for Health supervisor



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SSQ12 Proforma for health facility

SSQ13 Tool for Block Medical Officer

SSQ14 Exit interview of pregnant mother, mother at PNC ward and Mother of children attending immunization OPD

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